The Month of February is Dedicated to the Holy Family

By tradition, the Catholic Church dedicates each month of the year to a certain devotion. In February, it is the Holy Family, the perfect example of family life for all Christians. In these prayers to the Holy Family, we meditate on the example of the Holy Family and ask the Holy Family to intercede on behalf of our families. Some or all of the following prayers to the Holy Family can be incorporated into our daily prayers during this month.

IN HONOR OF THE HOLY FAMILY

O God, Heavenly Father, it was part of Thine eternal decree that Thine only-begotten Son, Jesus Christ, the Savior of the human race, should form a holy family with Mary, His blessed mother, and His foster father, Saint Joseph. In Nazareth, home life was sanctified, and a perfect example was given to every Christian family. Grant, we beseech Thee, that we may fully comprehend and faithfully imitate the virtues of the Holy Family so that we may be united with them one day in their heavenly glory. Through the same Christ our Lord. Amen.

FOR THE PROTECTION OF THE HOLY FAMILY

For the Protection of the Holy Family we should be ever mindful of the end of our lives, and live each day as if it might be our last. This prayer to Christ, asking Him to grant us the protection of the Blessed Virgin Mary and Saint Joseph at the hour of our death, is a good evening prayer.

Grant unto us, Lord Jesus, ever to follow the example of Thy holy Family, that in the hour of our death Thy glorious Virgin Mother together with blessed Joseph may come to meet us and we may be worthyly received by Thee into everlasting dwellings: who livest and reignest world without end. Amen.

INVOCATION TO THE HOLY FAMILY

Jesus, Mary, and Joseph most kind, Bless us now and in death's agony.

February 2009
Knights of Columbus Martin Council 6241
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WILLING TRAVELING. FOR MASS TIMES & CHURCH LOCATIONS CALL NEW TEL. NO.
1-800-627-7846, OR LOG ONTO WWW.MASSTIMES.ORG FOR GOOD OF THE ORDER
Your prayers are requested for your Brother Knights & their families. See Editor’s Page for More Information.

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Dear Brothers,

The months of February, March and April will be very busy and require everyone’s participation for these events to be as successful as possible. This means volunteering your time to help as well as attending the upcoming events. Volunteer whatever time is comfortable for each event, very hour of volunteer time helps that event to be successful. Donate more time if your are able to. *As there are many events to work or attend as a guest, check the Calendar and take your pick, then contact the applicable Program Manager, Grand Knight or Deputy Grand Knight as to the details and how you can help.* Help out with the decorating the Council for Dances, Lasagna and Slam Breakfast cooking or serving, selling Bingo Cards, Calling in Bingo’s to the Caller, be a grill cook (hot dogs, hamburgers etc.) etcetera. *It’s easy and it’s fun!*

**MAKE YOUR MEMBERSHIP AN ACTIVE ONE!**

**NONE OF THIS IS COMPLICATED OR HARD AND BEST OF ALL . . . THE CHOICE IS YOURS!!!**

**ATTEND THE EVENTS YOU WANT!**
- Bingo (Sundays & Thursdays)
- Knights Slam Breakfast
- Lasagna Night
- Council Dinner Dances
- Tootsie Roll Drive
- Golf Tournament & Dinner Dance
- Texas Hold em

For the Month of February, it begins with the Valentines Day Dance; our big KC Charity fund raiser. Remember to be good to your sweetheart and bring her out for a beautiful evening of dance and laughter.

On another note, over the past months, there has been a lot of discussion regarding the various needed improvements of the Council building. This building has served us and the community well. As a result of the economic times we are currently facing, we are forced to temporarily postpone the architectural plans for improvements. However, very simply put, the primary concerns that must be addressed are roofing, air conditioning and the cosmetic appearance of the Council. Some Brothers have offered their talents which will enable us to proceed with some of the repairs to these areas. A committee has been formed to improve areas of the council cosmetically. *If you are talented in any trade and would like to volunteer your time, please contact our Deputy Grand Knight, Ed Hussey.*

I look forward to seeing all of my Brothers active in our Council. *Your efforts as a Knight have always helped to make a difference in our community. It is the continued efforts of our devoted members who do their part as a Knight and a Catholic gentleman that make our Council special and the Knights of Columbus standout as an organization.*

At January’s social meeting, the speakers from Mary’s Shelter enlightened us on the wonderful works of their mission here in Martin County. My sincere thanks to all who attended.

*Vivat Jesus.*

Tim Johnson,
Grand Knight
Member's Benefits Message

FEBRUARY: Beneficiaries . . . Who Do You Love?

Soon it will be Valentine’s Day. Are you certain that the one you love is the beneficiary on your life insurance policy? It would be a wise idea to find out — and update your beneficiary if necessary. As your Knights of Columbus agent, I can help you do that.

Why is this important? A life insurance policy protects the financial status of another person — or people — in the event of your death. Through a beneficiary designation, you determine who that should be.

With a Knights of Columbus insurance policy, you select both a primary beneficiary and, if you choose, a contingent, or secondary, beneficiary. It’s always a good idea to select a contingent beneficiary in case you outlive your primary beneficiary. A contingent beneficiary is the person designated to receive life insurance policy proceeds if the primary beneficiary dies.

You should be as specific as possible in wording your beneficiary designation. By naming your wife, daughter, son, etc., as beneficiary, you make sure that the life insurance proceeds will be available to them in a timely manner.

Your life situation will undoubtedly change over time. Plan to update your beneficiary designations periodically. This will ensure that your life insurance coverage will protect those you want it to protect.

Changing your beneficiary is a simple process. Simply complete a change of beneficiary form (#113A) for each policy you want to change. I can provide you with these forms — and I will help you to fill them out. I can also help you with beneficiary designations for any life insurance policy you hold — regardless of the company that issued it.

Give me a call, I’ll be happy to help.

Mike Cavenaugh
Benefit Administrator
561-791-9629
NEXT MEETING
WEDNESDAY-2/11/09
AT 11:30 AM

Marie McCarthy announced that on Saturday February 7, 2009 at 2:00 P.M. at the Knights of Columbus Council Hall, the Jensen Beach Jubilate will perform. Cost of Tickets are $ 5.00 per person. Refreshments will be served. The receipts will go for the Education of Children Fund, being supported by the Columbiettes. Tickets may be obtained by calling Marie McCarthy @ 220-9154 or Theresa Abruzzo @ 546-1007. Please support this function.

Cornelia Orland announced that the Corporate Communion and Breakfast will be held on Sunday, March 29, 2009 at 12:30 P.M. at Manero's in Palm City. Mass for the Columbiettes is scheduled for 10:45 A.M. at St. Joseph's Church, Stuart. Additional information will be given at the February Meeting.

For the First Degree Columbiettes: A Major Degree will be exemplified by Treasure Coast Chapter when they institute the new St. Bernadette Auxiliary at Port St/ Lucie at the beginning of March. You will be notified of the Date and Place to attend by mail.

Sister Columbiettes, again I am asking for Bingo Volunteers to replace those who have left because of illness and personal reasons. If you are able to spare 3 hours for one Sunday a month and help ease the burden, please call Jo De Carlo at 287-6381. Thank you in advance for your cooperation and assistance.

Your prayers are always needed for our Sister Columbiettes and Brother Knights who are either ill or recovering from illness or recent surgery. Also pray for those members who have gone to their eternal rest.
**Editor's Pages**

**UPCOMING EVENTS**

**KNIGHT'S SLAM BREAKFAST**
SUNDAY - FEBRUARY 8TH

Our Knights Slam Breakfast is a breakfast fit for a King, a Queen, a Prince, and a Princess. 8 AM to 12 Noon @ $5.00 per person.
Kids: ages 6 to 12 $2.00 - under 6 - Free.

› Bring the Whole Family!
› Bring Your Friends!
› Bring Your Neighbors!

**Please see ad page for menu.**

**Volunteers Are Always Needed**

Please call Enrico Vittori @ 286-7507

**ATTENTION**

At our January 11th Slam Breakfast
We served over 500 Breakfasts.
A Big Thank You to All Those Folks Who Came & to Our Volunteers Who Did a Great Job!

**TEXAS HOLD 'EM TOURNAMENT**
February 16th
Starts @ 7 PM

This exciting event will also be held on the following dates:
- March 20, 2009
- April 17, 2009

- Each event will be limited to 80 people.
- The initial buy-in is $40.00 with additional buy-in's available.
- Free Italian dinner, drinks will be available.

Call Mike Fisk, Club Mgr @ 286-7507
For more information or to make your reservation
See ad page in this issue of the bulletin for more information!

**LASAGNA NIGHT**
Tuesday-Feb. 24th

We will have our Lasagna Night starting at 5 PM and ending at 7 PM @ $10.00 per person. *It's Time To Mangia Lasagna!* We need volunteers to help with food prep and serving.

To Volunteer

Please call John Rollando @ 221-1134

For the Menu, Please Refer To the Ad Page In This Issue
BRING YOUR LADY LOVE TO THE
VALENTINE’S DAY DANCE
Sat – Feb. 14th - 6:30 PM
MUSIC BY DATE NIGHT
$30 PER PERSON, OPEN BAR
MAKE YOUR RESERVATIONS
EARLY AS THIS EVENT IS ALWAYS A SELLOUT!

4TH DEGREE
RENEWAL OF VOWS DINNER DANCE
Sat. – Feb. 28th - 6:30 PM
$45 per Couple, Open Bar
$50 per Couple @ Door
Music by MARSCHALL
TUXEDO OR DARK SUIT REQUIRED FOR SIR KNIGHTS. LADIES TO BE ATTIRE IN GOWNS OR SIMILAR DRESS. PERSONS IMPROPERLY ATTIRE WILL NOT BE ADMITTED.

TO MAKE YOUR RESERVATIONS, PLEASE CALL MIKE FISK, CLUB MANAGER @ 772-286-7507.

ST. PATRICK’S DAY DINNER DANCE
SATURDAY, MARCH 14th
$30 PER PERSON, OPEN BAR
MUSIC BY SOPHISTOCATS
MAKE YOUR RESERVATIONS EARLY AS THIS EVENT IS ALWAYS A SELLOUT!

POLISH NIGHT
FEB 20TH
AUTHENTIC POLISH FOOD, BEER & WINE INCLUDED.
MUSIC BY THE RHYTHM KINGS
$ 20 PER PERSON, CASH BAR
BRING YOUR DANCING SHOES & YOUR APPETITE . . . IF YOU WANT TO BE POLISH THAT NIGHT!
YOU CAN BET YOUR DUPA, I’LL BE THERE!
Na Zdrowia!
ANNUAL TOOTSIE ROLL DRIVE FOR MARTIN COUNTY CHARITIES

FRIDAY - MARCH 27TH
SATURDAY - MARCH 28TH

WELL IT'S THAT TIME OF THE YEAR TO GET READY FOR OUR ANNUAL TOOTSIE ROLL DRIVE.

We will be needing Volunteers and Captains to help take donations. We need your help to make this Charitable Drive a BIG success! DON'T WAIT...

CALL ED HUSSEY TO VOLUNTEER
240-5601

ANNUAL WORKERS' APPRECIATION PARTY
TUESDAY - MARCH 24TH

The Council, in appreciation of the work performed by its volunteers, will hold its Annual Workers Party on Tuesday, March 24, 2009. Festivities will start at 6:30 PM. IF YOU ARE PLANNING TO ATTEND, PLEASE NOTE THAT RESERVATIONS ARE REQUIRED. To Make your reservation, please call Mike Fisk at the Council (286-7507) on either Monday, Wednesday or Friday between the hours of 9 AM and 3 PM.

The Workers' Party is open and free to all Knights and Columbiettes who have worked as a volunteer to help the Council in any manner during the past year whether it be Bingo, Tootsie Roll Drive, Thanksgiving, Yard Sale, etcetera. Each member worker will be allowed to bring one guest (spouse or whomever). No other outside guests will be allowed except for those non-member workers who have done a considerable amount of work. These people will be given a personal invitation by the Council.

The evening will consist of dinner, wine, soda, beer and dancing to Music. Remember all this is free to the member. The only cost to you will be if you want to purchase drinks other than wine, beer, and soda, a nice tip for the waitress and for buying 50/50 Raffle tickets.

PLEASE DON'T FORGET... RESERVATIONS ARE REQUIRED!!!

ANNUAL GOLF TOURNAMENT
SATURDAY - APRIL 18TH

LOCATION
> HERITAGE RIDGE GOLF CLUB
> SHOT GUN START AT 8 AM

RON ROBINSON NEEDS YOUR HELP TO MAKE THIS EVENT A SUCCESS.

CALL RON @ 546-8640

COUNCIL ANNOUNCEMENTS

FEB 7TH – LIFE LINE SCREENING COMES TO THE COUNCIL FOR PREVENTIVE HEALTH TESTS. MUST PRE-REGISTER BY CALLING 1-800-407-4557. CALL FOR INFO.

FEB 7TH – WALK FOR LIFE – JENSEN BEACH H.S. – CALL DAVE OLIO @ 221-1865. DAVE NEEDS SPONSORS TO PLEDGE $10 OR MORE. EMAIL @ dolio@surfglobal.net
ATTENTION ALL COUNCIL CASHIERS!

WATCH OUT FOR BAD CHECKS!

PLEASE ADHERE TO THE FOLLOWING POLICY WHEN RECEIVING CHECKS IN PAYMENT FOR COUNCIL EVENTS AND BINGO.

NO EXCEPTIONS!

REMEMBER . . . IN GOD WE TRUST!

1. UNLESS KNOWN PERSONALLY BY THE CASHIER, THE PERSON PRODUCING A CHECK FOR PAYMENT MUST PRODUCE A FLORIDA DRIVER’S LICENSE FOR IDENTIFICATION. IF LICENSE AND CHECK IS OUT OF STATE, PERSON MUST PRODUCE COPY OF LOCAL BILLS SUCH AS FPL BILL, WATER BILL OR TAX BILL. CHECKS WITHOUT A NAME AND ADDRESS ARE NOT TO BE ACCEPTED.
2. CHECK THAT THE PICTURE ON THE LICENSE AND THE PERSON PRODUCING THE CHECK ARE ONE AND THE SAME. CHECK THAT THE ADDRESSES MATCH & THAT LICENSE HAS NOT EXPIRED.
3. IF ALL IS OKAY, WRITE THE LICENSE ID NUMBER AT THE TOP OF THE FRONT OF THE CHECK.
4. IF PERSON IS NOT PERSONALLY KNOWN BY CASHIER, MAKE PHOTOCOPY OF DRIVERS LICENSE, SECOND ID SUCH AS VEHICLE REGISTRATION, FPL, WATER OR TAX BILL. IF PERSON IS PERSONALLY KNOWN BY CASHIER, AND THE CASHIER IS WILLING TO VOUCH FOR THIS PERSON ANNOTATE THE CASHIERS NAME ON THE FRONT OF THE CHECK.

NOTE

THESE PROCEDURE WILL BE REVIEWED AT THE NEXT OFFICERS MEETING FOR POSSIBLE IMPROVEMENTS/CHANGES.

OPENING FOR FINANCIAL SECRETARY

GENE PARNELL’S APPOINTMENT TO THIS POSITION WILL EXPIRE IN JUNE 2009 AND THE COUNCIL IS SOLICITING APPLICATIONS FOR THIS POSITION TO ENSURE AN ORDERLY TRANSITION. APPLICANTS MUST BE A THIRD DEGREE KNIGHT; COMPUTER AND BASIC BOOKKEEPING KNOWLEDGE WOULD BE HELPFUL.

THE FINANCIAL SECRETARY IS AN INTEGRAL PART OF THE KNIGHTS OF COLUMBUS AND IS INVOLVED WITH NEARLY ALL ASPECTS OF THE COUNCIL. MAJOR DUTIES ARE MEMBERSHIP RECORD MAINTENANCE, BILLING AND DUES COLLECTIONS, ACCOUNTING FOR THE COUNCIL’S REVENUES AND EXPENSES, AND BEING THE LOCAL CONTACT FOR THE INSURANCE PROGRAMS OF THE KNIGHTS OF COLUMBUS. PLEASE CALL GENE PARNELL AT 221-0282 TO LEARN MORE ABOUT THIS VITAL POSITION, OR SUBMIT A BRIEF RESUME TO THE COUNCIL GRAND KNIGHT.
JANUARY

Knight of the Month

At the January 14th Meeting, Grand Knight Tim Johnson selected **CHUCK ST. JOHN** as **JANUARY 2009 “KNIGHT OF THE MONTH”** for his on-going involvements in Council activities despite his health and physical limitations. While Chuck was under the weather and not in attendance, the Award could not be presented. Chuck is another one of our Super Knights who participates in every council activity that he is capable of. Chuck St John, serves as Council Outside Guard and is a Fourth Degree Knight and member of Assembly 1764.

Shown below is a picture of Chuck (Center) at a Membership Drive with Mike Mulligan (L) and John Rollando (R). Chuck, a very polished public speaker, provides a great presentation when addressing a parish for K of C membership and is always a pleasant person to chat with either at a council event or a meeting.

CONGRATULATIONS CHUCK ON BEING THE RECIPIENT OF THIS AWARD!

WE ARE VERY PROUD TO HAVE YOU AS A COUNCIL MEMBER!

SO BROTHER KNIGHTS, LET US ALL WISH CHUCK A WELL DESERVED CONGRATULATIONS!

BINGO

THE FINANCIAL LIFELINE OF OUR COUNCIL

WE NEED MEMBERS TO SELL BINGO CARDS, CALL IN THE BINGOS TO THE CALLER AS THEY OCCUR, CASHIERS, CALLERS AND KITCHEN GRILL MAN.

WE NEED YOUR HELP ON SUNDAYS & THURSDAYS.

MEMBERS INTERESTED IN VOLUNTEERING SHOULD CONTACT PAT BRENN FOR DETAILS @ 286-0172.

SICK AND VIGIL

Sick & Vigil Committee
Chairman John Condon is always looking for volunteers to attend wakes and funeral masses for deceased Council Members.

Volunteers are NOT required to respond to all of John’s requests but to make an effort to attend when possible. It means a lot to the families of the deceased when Brother Knights visit to pay their last respects and offer a prayer for their departed brother. It’s truly a very rewarding experience. Should anyone else be interested in joining this worthy cause . . .

PLEASE CALL JOHN CONDON TO VOLUNTEER @ 546 - 8640!

FOR GOOD OF THE ORDER

Many Knights and/or members of their family have had serious medical situations and are in need of your prayers.

MICHAEL CAYANAUGH ✝ CHUCK ST. JOHN
PATRICK GEFFON, DAUGHTER OF TERRY CANNON
TONI SCHWEIZER, DAUGHTER OF LUKE SCHWEIZER
PATRICIA GALLIERS, MOTHER-IN-LAW OF ANDREW SALISBURY
ED DACCARET ✝ TONY DE MIERI
DON KNIPPELS WIFE, JUDY
PHIL DECHMEROWSKI, DISTRICT DEPUTY
FRANK TRIMBLE
COULD HAVE BEEN
$ 17.00
RICHER BUT HE WASN'T
AT THE JANUARY
COUNCIL MEETING

Each month, an award for attendance is made via a random drawing. If your name is drawn and you are in attendance, YOU WILL BE AWARDED A CASH PRIZE. If no one wins, the amount goes up for the next months drawing. It’s not the best reason for going to Council meetings but it’s really nice if you do win!

STUART CHRISTMAS PARADE PICTURES

In the January issue of the Bulletin we had some pictures of PFN Terry Cannon’s 1929 Model A Ford getting ready for the K of C participation in the Stuart Christmas Parade. In this issue, on separate pages, we have photos of the 4th Degree Knights, Council members and family who attended the Christmas parade to represent the Knights of Columbus. These photos were provided by Luke Schweizer who also towed our float with his truck, supervised as well as helped to decorate the float and Lord knows what else aside from taking pictures. He does this every year!

LUKE SCHWEIZER . . .

ANOTHER ONE OF OUR SUPER KNIGHTS!

John Adams
2nd United States President and Patriot
October 11, 1798
★★★★★
COUNCIL MEMBERS PARTICIPATE IN MARTIN COUNTY “ADOPT A ROAD” PROGRAM

MARTIN COUNTY ROAD SIGNS ON COVE ROAD SHOWING K OF C AS A MEMBER

On January 17th @ 9:30 AM, Council Member volunteers met at the Council to participate in the “ADOPT-A-ROAD” Litter Control Program. Shown below is the clean-up team for our segment of Cove Road consisted of (L-R) Bob Ward, John Condon, Don Leverenz and John Rollando who took this picture. Since Martin County is not cleaning Cove Road, it’s up to us to do our share. Hopefully we’ll have a better turnout next time this chore needs to be done.

ARE THESE KNIGHTS DEDICATED OR WHAT!

ATTENTION 1ST & 2ND DEGREE MEMBERS!

Brothers, this announcement is particularly addressed to 1st and 2nd Degree Members. Men, we want you to advance and attain the honors of full Knighthood in our Order as 3rd Degree members. There is a 2nd Degree Exemplification scheduled for February 3rd and a 3rd Degree scheduled for March 29th. This a great opportunity to advance your status as a Knight. For more details, please call either the Council office or me at 546-8640. Brothers, Now is the time to act. You’ll be glad you did.

VIVAT JESUS,

JOHN CONDON

History of Valentine’s Day

The history of Valentine’s Day is obscure and is clouded with various legends. It is generally agreed that it’s roots go back to the ancient Roman festival of Lupercalia, a fertility celebration held on February 15th. However, circa 496 C.E., Pope Gelasius I recast this holiday as St. Valentine’s Day which was to be celebrated on February 14th.

According to the Catholic Encyclopedia, there were at least 3 early Christian Saints by that name which were supposedly all martyred on February 14th.

Most scholars believe that the St. Valentine for which the holiday was named was a priest who attracted the disfavor of Roman Emperor Claudius II around 270 C.E. It is thought that Claudius II had prohibited marriage for young men, claiming that bachelors made better soldiers. Valentine continued to secretly perform marriages but was eventually apprehended by the Romans and put to death for this violation as well as refusing to renounce his religion. There are other legends but this seems to be the most plausible.

In 1969, the Catholic Church revised its liturgical Calendar by removing the feast days of saints whose historical origins were questionable. St. Valentine was one of them.

It wasn’t until the 1381 that this Christian holiday became associated with love. According to UCLA medieval scholar
Henry Ansgar Kelly, author of “Chaucer and the Cult of St. Valentine”, it was Chaucer who composed a poem entitled “The Parliament of Fowls” in honor of the engagement of Richard II and Anne of Bohemia. In his poem, Chaucer linked the mating season of birds and St. Valentine’s Day.

Over the centuries, the holiday evolved and by the 18th century, gift giving and exchanging handmade cards made of lace, ribbons and featuring cupids and hearts on Valentine’s Day had become quite common in England and eventually spread to America. However, it wasn’t until the 1850’s that Esther A. Howland, a Mount Holyoke graduate and a native of Worcester, mass began mass producing them. Since then, per the Greeting Card Association, the holiday has become a commercial success as 25% of all cards sent each year are Valentine cards.

THE ORIGINS OF ASH WEDNESDAY AND LENT?

As Ash Wednesday occurs this year on February 25th, I thought it would be a good idea to discuss topics that relate to Ash Wednesday and Lent. It is the solemn proceedings that occur on Ash Wednesday that bring our focus back to the sacrifice of Christ and the mission of the Catholic Church.

The origins of Ash Wednesday are tied to its history and the time of year during which it occurs. It follows the season of Epiphany, which culminates with Shrove Tuesday, which is also known as Mardi Gras (Fat Tuesday).

Ash Wednesday, while not a holy day of obligation, is one of the principal holy days for the Catholic Church and falls on the seventh Wednesday before Easter (usually around February 9). Ash Wednesday marks the beginning of Lent, in preparation for the celebration of Easter. Lent is a forty day period of fasting, repentance and abstinence, during which faithful Christians remember their sinfulness, repent, ask God’s forgiveness, and recognize that God’s forgiveness comes at an infinite price... the death of Christ on the cross on our behalf.
Did you know that the 40 days of Lent do not include Sundays? If you count all the days between Ash Wednesday and Easter Sunday, you will get more than 40 days. Remove the Sundays and now you get 40 days. This is because every Sunday we celebrate Christ's Resurrection, and it is a time for joy, not sorrow.

"What are you giving up?" One of the traditions of Lent is giving something up. We do this so that we feel, more fully, the penitential nature of the season. We also illustrate that we have discipline over our desires. This is why we give up something that we actually like.

Did you know that if you 'give something up' for Lent, you are not required to abstain from it on Sundays? Again, Sunday is a day that we celebrate, not abstain. So go ahead and drink that Coke on the Sundays during Lent.

Fasting and Abstinence are required by Canon Law (Canons 1249-1253) during certain times of the year. Fasting is defined as eating only one full meal that day. You can eat two smaller meals, but they cannot add up to a full meal, and no snacking is allowed between the smaller meals and the full meal. All Catholics aged 18 - 60 are obliged to observe the fast. Abstinence is defined as refraining from eating meat. All Catholics aged 14 and older are obliged to observe abstinence. Please note that medical and physical conditions can remove the obligation of fasting and abstinence, but you must talk to a priest to see if it applies to your situation. Every Friday during Lent are days of Abstinence. Ash Wednesday and Good Friday are days of Fasting and Abstinence.

So what makes Friday such a special day? Friday is the day of the week that Christ died on the cross, and therefore it is a day of penance. We should do something penitential on every Friday of the year. We can attend the devotion of the Stations of the Cross every Friday of Lent in Church. On Fridays during the year, it is suggested that we abstain from meat (Canons 12491253), but we can choose some other penitential act or act of charity. However, during Lent, we are obliged to abstain from meat on Fridays.

The observance of Ash Wednesday most likely comes from the biblical "Day of Atonement". In Leviticus 16, the Lord establishes an annual day of repentance for the Israelites as a lasting ordinance for all their generations. Since the blood of Jesus represents atonement, the heart of Ash Wednesday is a humbling of oneself through fasting and prayer.

For many Christians, the origins of Ash Wednesday are the annual reminder of where our hearts should be in relation to God, and of the reason Jesus became our atonement. Lent is not meant as a time of false humility or prideful self-sacrifice. Its purpose is to remind us that it is our sin that separates us from God.

Ash Wednesday, also known as the "Day of Ashes", is so called because on that day at church the faithful have their foreheads marked with ashes in the shape of a cross. The name "Day of Ashes" comes from "Dies Cinerum" in the Roman Missal and is found in the earliest existing copies of the Gregorian Sacramentary. The concept originated somewhere in the 6th century. Though the exact origin of the day is not clear, the custom of marking the head with ashes on this Day is said to have originated during the papacy of Pope Gregory the Great (590-604).

When studying Ash Wednesday history, ashes are often considered to be a symbol of man's mortality and represent an attitude of humility, sorrow, and repentance (Genesis 18:27). In an old Ash Wednesday tradition, penitents who had committed grave sins would come to church wearing shifts made from rough cloth or animal hair. The priest would bless them and sprinkle ashes over them while they recited the Seven Penitential Psalms. The penitents would leave the church and for the next forty days strive for repentance and absolution. They would then return on Maundy (Holy) Thursday and receive Holy Communion from the priest. The Christian connotation for ashes in the liturgy of Ash Wednesday has also been taken from this Old Testament biblical custom. Receiving ashes on the head as a reminder of mortality and a sign of sorrow for sin was a practice of the Anglo-Saxon church in the 10th century. It was made universal throughout the Western church at the Synod of Benevento in 1091.

Putting a 'cross' mark on the forehead is an imitation of the spiritual mark or seal that is put applied during baptism. A literal translation of a passage contained in the Book of Revelation is that it actually says is to place a taw on the foreheads of the righteous inhabitants of Jerusalem. Taw is one of the letters of the Hebrew alphabet, and in ancient script it looked like the Greek letter chi, which happens to be two crossed lines (like an 'x') and which happens to be the first letter in the word "Christ" in Greek "Christos". The Jewish rabbis commented on the connection between taw and chi and this is undoubtedly the mark that the Book of Revelation has in mind when the servants of God are sealed in it. The early Church Fathers seized on this taw-chi-cross-Christos connection and expounded it in their homilies, seeing in the writings of Ezekiel a prophetic foreshadowing of the sealing of Christians as servants of Christ. It is also part of the background to the practice of making the sign of the cross, which in the early centuries (as can be documented from the second century on) was practiced by using one's thumb to furrow one's brow with a small sign of the cross, just as we Catholics do today at the reading of the Gospel during Mass.
HELP!

★ As you can see the number of business ads in the Bulletin have dropped off significantly. Both new ones & renewals!

★ The revenue from these ads helps to defray the costs associated with getting the Bulletin out to our readers.

★ We need to build this up again and we can do it with your help.
★ It's easy!

➤ The prices for ads are on the back pages and are very inexpensive. We use their business cards.

➤ We all deal with people in business that might be willing to take out a business card ad if we ask them.

➤ After all it's for charity and their business gets exposure to about 700 Bulletin readers, mostly local readers for 11 months.

➤ If there are any questions, call me.

➤ Let's face it, all they can say is no but if they say yes it's going to help support the Bulletin and help the Council.

➤ This also will prevent the Council from cutting back on the Bulletin to save money.

So please . . . make a good effort. It only takes a minute from time to time!

➤ I am confident that if folks give this shotgun approach to marketing our Bulletin ads a good try that we will be very successful. But it's all up to you!

Thank you for your efforts & support!

S.K. Ray Sobieraj, Bulletin Editor
Pro Deo Et Patria/For God And Country

Look out for a leprechaun!

➤ Pot of gold raffle coming to you soon!

★ 5 Prizes: $500, $400, $300, $200, $100

★ Drawing at St Patrick’s Day Dance

On sale now!

But you gotta be in to win it!
K of C Council 6241
Attends
Stuart Christmas Parade

Assembly 1764 was well represented by this contingent of 4th degree knights impeccably dressed in tuxedos and regalia.

Marching down Ocean Blvd., this group of knights was well received by the crowds watching the parade.

Way to go guys!
K of C Council 6241
Attends
Stuart Christmas Parade

In addition to the our 4th degree knights, council members and family members marched in the parade aside the float towed by Luke Schweizer's truck or rode along in 3 antique cars.

Unfortunately we do not have photos of everyone but the pictures we do have were provided by Luke Schweizer. Thanks Luke!
## February 2009

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
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<th>Sat</th>
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<tr>
<td>BINGO TEAM B</td>
<td>Feast of St. Blase Blessing of Throats</td>
<td>COUNCIL OFFICERS MEETING 7PM</td>
<td>COUNCIL MEETING 7:30PM</td>
<td>BINGO TEAM</td>
<td>TGIF DANCE 6PM CALL ENRICO'S CATERING 283-3009</td>
<td>WALK FOR LIFE JENSEN BEACH H.S.</td>
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<tr>
<td>KNIGHTS SLAM LUNCH</td>
<td>BINGO TEAM C</td>
<td>COUNCIL OFFICERS MEETING 7PM</td>
<td>COLUMBIETTE MEETING 11:30AM</td>
<td>BINGO TEAM</td>
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<td>VALENTINE'S DAY DINNER DANCE</td>
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<td>17</td>
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<td>PRESIDENT'S DAY</td>
<td>COLUMBIAN CLUB MEETING 7PM</td>
<td>4th Degree Mtg Pasta - 6:45 PM Meeting - 7:30 PM</td>
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<td>POLISH NIGHT 6PM</td>
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<td>BINGO TEAM A</td>
<td>FEB. 22 WASHINGTON'S BIRTHDAY</td>
<td>LASAGNA NIGHT 5 PM</td>
<td>ASH WEDNESDAY</td>
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<td>FOURTH DEGREE RENEWAL OF VOWS DINNER DANCE</td>
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**SPECIAL COUNCIL EVENTS**

For reservations or more information regarding all events, call the Council (M-W-F) at 286-7507.
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<td>Columbian Club Meeting 7PM</td>
<td>BINGO TEAM</td>
<td>TEXAS HOLD 'EM 7 PM</td>
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<td>23</td>
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<td>KNIGHTS SLAM BKFAST</td>
<td>THANK YOU WORKERS APPRECIATION PARTY</td>
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<td></td>
<td>BINGO TEAM</td>
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<td>TOOTSIE ROLL DRIVE</td>
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<td>LASAGNA NIGHT 5 PM</td>
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**SPECIAL COUNCIL EVENTS**

FOR RESERVATIONS OR MORE INFORMATION REGARDING ALL EVENTS, PLEASE CALL THE COUNCIL (M-W-F) AT 286-7507.
**BINGO TEAM ROSTER**

See calendar for your team’s dates.

Bingo workers, should you not be able to work the date assigned to you, please notify your team captain.

If you would like to switch to another team, please notify your team captain.

**ALL VOLUNTEERS ARE ELIGIBLE FOR A FREE MEAL AND REFRESHMENTS WHILE WORKING BINGO**

### SUNDAY

<table>
<thead>
<tr>
<th>TEAM A</th>
<th></th>
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<tbody>
<tr>
<td>Captain</td>
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<td>Captain</td>
<td>Mike Fisk</td>
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<td>Caller</td>
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<tr>
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<td>Cashier</td>
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<tr>
<td>Payout</td>
<td>Pete Pirtle</td>
<td>Payout</td>
<td>Joan Fisk</td>
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<tr>
<td>Grill</td>
<td>Hal Harr</td>
<td>Grill</td>
<td>Marty Troia</td>
</tr>
<tr>
<td>CARD SALES</td>
<td>John McCarthy</td>
<td>CARD SALES</td>
<td>Joan Fisk</td>
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<td></td>
<td>Hal Harr</td>
<td></td>
<td>Charlie Tomaro</td>
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<tr>
<td>FLOOR</td>
<td>Walter Ludwig</td>
<td>FLOOR</td>
<td>Stan Matthews</td>
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<td></td>
<td>Bob Heuer</td>
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<td>Ray Sobieraj</td>
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<td>Walter Rohan</td>
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<tr>
<td>Captain</td>
<td>Pat ‘O’ Gorman</td>
<td>Captain</td>
<td>Pat Breen</td>
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<tr>
<td>Caller</td>
<td>Jerry Biakowski</td>
<td>Caller</td>
<td>John Omellas</td>
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<td>Open</td>
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<td>Al Chrenko</td>
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<td>Ron Robinson</td>
<td>Grill</td>
<td>Joe Guido</td>
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<tr>
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<td>Lou Cucci</td>
<td>CARD SALES</td>
<td>John Larsen</td>
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<td></td>
<td>Dom Tommasini</td>
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<td>Patty Larsen</td>
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<td>Al Chrenko</td>
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<tr>
<td>FLOOR</td>
<td>Floyd Tilton</td>
<td>FLOOR</td>
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<td>Pat Breen</td>
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<td>John Larsen</td>
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<td></td>
<td>Jim Sconzo</td>
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<tr>
<td></td>
<td>Len Weiner</td>
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### THURSDAY

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<tr>
<th>TEAM MEMBERS</th>
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<tr>
<td></td>
<td>The following Knights volunteer their time for Thursday Bingo on a random basis:</td>
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<tr>
<td></td>
<td>Frank Anfuso 546-9867</td>
<td>Pat ‘O’ Gorman 220-4061</td>
</tr>
<tr>
<td></td>
<td>Frank Pepitone 692-3339</td>
<td>Frank Anfuso 546-9867</td>
</tr>
<tr>
<td></td>
<td>Andy Nowicki 283-3822</td>
<td>Payout Joan Fisk 286-0032</td>
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<td></td>
<td>John DiPasque</td>
<td>Cashier Frank Anfuso 546-9867</td>
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<tr>
<td></td>
<td>Not Listed</td>
<td>Grill Marty Troia 223-7170</td>
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<tr>
<td></td>
<td>Pat Breen 286-0172</td>
<td>Payout Al Chrenko 221-3760</td>
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<tr>
<td></td>
<td>Bob Curtin 781-3017</td>
<td>Grill Joe Guido 781-6764</td>
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<td>Mike Fisk 286-0032</td>
<td>FLOOR Bill Argust 692-0743</td>
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<tr>
<td></td>
<td>Jack Dunn 286-3454</td>
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<td></td>
<td>Al Chrenko 221-3760</td>
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<td>Bob Heuer 220-1103</td>
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<tr>
<td></td>
<td>Jim Weir 334-8176</td>
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<tr>
<td></td>
<td>John Rollando 221-1134</td>
<td></td>
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<tr>
<td></td>
<td>Terry Cannon 220-4628</td>
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<td>Pete Pirtle 287-2849</td>
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<td>Bob Castagna 286-4040</td>
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<td>Dom Zaccone 288-6549</td>
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<td>Dennis Lebright 219-4014</td>
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<td>Dave Merklin 781-7272</td>
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<td>Bill Brinkman 692-7581</td>
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<td>Jim Sconzo 781-4890</td>
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<td>John Hannan 288-4714</td>
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<td>Cashier Frank Anfuso 546-9867</td>
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<td>Payout Al Chrenko 221-3760</td>
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<td></td>
<td>Grill Joe Guido 781-6764</td>
<td></td>
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<tr>
<td></td>
<td>Bill Argust 692-0743</td>
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### BROTHERS,

now that the busy season has arrived, please plan to participate in as many upcoming events as you can! don’t be a knight in name only!

**WITHOUT YOUR HELP IT IS IMPOSSIBLE TO MEET OUR CHARITABLE GOALS!**

1. **DON’T BE SHY! HELP OUT AT COUNCIL EVENTS AND WORK PARTIES**
2. **BE A BINGO VOLUNTEER**
3. **GIVE AS MUCH TIME AS YOU CAN. EVERY HOUR COUNTS!**
4. **DO WHAT YOU CAN; WHEN YOU CAN. BUT DON’T FORGET YOUR OATH OF CHARITY!**
# February Birthdays

## Best Wishes

To All of

Our Birthday Boys

From Your Brother Knights

<table>
<thead>
<tr>
<th>Birthday</th>
<th>Name</th>
<th>Name</th>
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<td>16-Feb</td>
<td>Anderson</td>
<td>Eugene J</td>
<td>Lagana</td>
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<td>Bagnuolo</td>
<td>Dr William G</td>
<td>William</td>
</tr>
<tr>
<td>12-Feb</td>
<td>Bednar</td>
<td>Paul</td>
<td>Joseph A</td>
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<tr>
<td>4-Feb</td>
<td>Bonnell</td>
<td>Richard S</td>
<td>Edward P</td>
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<td>3-Feb</td>
<td>Dale</td>
<td>Michael L</td>
<td>Matteo C</td>
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<tr>
<td>2-Feb</td>
<td>Damesimo</td>
<td>Armand</td>
<td>Robert J</td>
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<td>24-Feb</td>
<td>Dawson Sr</td>
<td>Robert A</td>
<td>Edward N</td>
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<td>3-Feb</td>
<td>DeLaney</td>
<td>Clarence N</td>
<td>James T</td>
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<td>Donnelly</td>
<td>Walter L</td>
<td>Lauren G</td>
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<td>Finney</td>
<td>George N</td>
<td>Philip A</td>
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<td>5-Feb</td>
<td>Forlenza</td>
<td>Daniel D</td>
<td>Terence E</td>
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<td>Friona</td>
<td>Anthony J</td>
<td>Thomas E</td>
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<td>28-Feb</td>
<td>Gluhosky</td>
<td>Deacon Frank</td>
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<td>Richard H</td>
<td>Dr Joseph F</td>
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<td>16-Feb</td>
<td>Graziano</td>
<td>Gerald R</td>
<td>Ferdinando</td>
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<td>Horvath</td>
<td>John</td>
<td>Joseph M</td>
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<td>Irace</td>
<td>John</td>
<td>John B</td>
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<td>Krauskopf</td>
<td>Jeffrey Alan</td>
<td>Thomas F</td>
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<td></td>
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<td>Arnold E</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Edmund R</td>
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</table>
Be a Bulletin Booster Today!

BROTHERS & SISTERS
THE COUNCIL NEEDS YOUR HELP
TO SUPPORT THE COSTS OF PREPARING THE MONTHLY BULLETIN

TO DEFRAY THESE COSTS, THE COUNCIL RELIES ON IT'S
533 MEMBERS AS WELL AS OTHERS
FOR DONATIONS AND THE INCOME
FROM ADVERTISERS IN THE BULLETIN.

THIS YEAR, INCOME FROM DONORS AND ADVERTISERS HAS BEEN DOWN SIGNIFICANTLY
DUE TO THE DOWNTURN IN THE ECONOMY AND THE LACK OF RENEWALS.

WHEN REVIEWING THE CHARITIES THAT YOU CONTRIBUTE TO,
PLEASE CONSIDER MAKING A DONATION TO THE BULLETIN FUND.

TO MAKE A DONATION . . .
▶ PLEASE WRITE A CHECK FOR $10 (OR MORE IF YOU WISH TO) MADE OUT TO: "K OF C #6241".
▶ PLEASE WRITE "BULLETIN BOOSTER" IN L/H CORNER OF THE CHECK.
▶ MAIL IT TO THE COUNCIL ADDRESS: KNIGHTS OF COLUMBUS, MARTIN COUNCIL 6241,
  7251 SW GAINES AVENUE
  STUART, FL 34997
  ATTENTION : BULLETIN EDITOR

TO PLACE AN AD IN THE BULLETIN,
PLEASE CALL ME FOR DETAILS AS PRICING VARIES
Thank You for Your Kind Consideration
and Continued Support
as They are Both Appreciated!

Ray Sobieraj
Bulletin Editor
# Bulletin Supporters

**TO ALL OF OUR BULLETIN SUPPORTERS**

**THANK YOU FOR YOUR GENEROSITY!**

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<tr>
<th>YEAR</th>
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<td></td>
<td>PAT LEE</td>
<td>JUNE</td>
<td>Christine &amp; Tom Nagurney PGK,</td>
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<td>MIKE &amp; KAY NEUMAN</td>
<td>JULY/AUG</td>
<td>Rita &amp; Charles Tomaro, Jr.,</td>
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<td>AL &amp; JANET CHRENKO</td>
<td></td>
<td>Edward T. Harney</td>
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<td>ED &amp; LOIS WULICH</td>
<td></td>
<td>Joe Ascrizzi</td>
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<tr>
<td></td>
<td>DONNA HAYES</td>
<td></td>
<td>Ruth Newland</td>
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<td>2009</td>
<td>PAT &amp; JOANNE O'GORMAN</td>
<td>JULY/AUG</td>
<td>Ray &amp; Maggie Battey</td>
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<tr>
<td>FEBRUARY</td>
<td>ANDY &amp; TERESA NOWICKI</td>
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<td>Paul &amp; Charlotte Beadle</td>
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<td>JOHN &amp; ANN CONDON</td>
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<td>Edward J. &amp; Joan Creelan</td>
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<td>2009</td>
<td>THANK YOU</td>
<td>MARCH</td>
<td>Joyce &amp; Joseph E. Kenna Jr.</td>
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<tr>
<td>MARCH</td>
<td>FOR YOUR HELP</td>
<td></td>
<td>John W. &amp; Patricia Larsen</td>
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<tr>
<td></td>
<td>IN</td>
<td></td>
<td>Ruth Newland</td>
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<tr>
<td></td>
<td>BLANK LINES</td>
<td></td>
<td>Conrad &amp; Gloria Pinzel</td>
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<td></td>
<td>IT'S REALLY APPRECIATED!</td>
<td></td>
<td>Ferdinando &amp; Joan Savio</td>
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<td>Larry &amp; Marie Werner</td>
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<td>Marty Troia</td>
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<td>Charles E. Doberstein</td>
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<td>Dorothy M. Krysta</td>
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<td>Robert J. Reaney</td>
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<td>Joseph &amp; Sharon Duyon</td>
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<td>James T. Morrissey (Briker Sales)</td>
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<td>Alfred &amp; Lorraine Martz</td>
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<td>Enrico Vittori's Catering, Inc</td>
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<td>Rudy Grill</td>
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<td>Ron &amp; Eleanor Robinson</td>
<td>OCTOBER</td>
<td>Joseph &amp; Helen Jamieson</td>
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<td>Fred &amp; Jeanne Rizzuto</td>
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<td>Mike &amp; Virginia Barber</td>
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<td>Frank &amp; Beverly Glahosky</td>
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<td>Marty Troia</td>
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<td>Christine &amp; Tom Nagurney, PGK</td>
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<td>Jack Cabre</td>
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<td>Dorothy M. Krysta</td>
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<td>Ed &amp; Joan Hussey</td>
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<td>Gerry Grondin</td>
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<td>John Roliando</td>
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<td>MAY</td>
<td>COLUMBIETTES</td>
<td>NOVEMBER</td>
<td>Douglas V. Killane, Jr</td>
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<td>Betty &amp; Mike Mulligan</td>
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<td>Donald N. Barber</td>
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<td>Rita &amp; Charles Tomaro Jr.,</td>
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<td>Frank J. Hocka</td>
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<td>Julia Medea</td>
<td>DECEMBER</td>
<td>M.P. Fitzsimmons</td>
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<td>Arlene &amp; Harry Shane</td>
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<td>Frank A. Anfusco</td>
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<td>JUNE</td>
<td>Robert J. Reaney</td>
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<td>John &amp; Joan Hannan</td>
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<td>J. J. Goralski</td>
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<td>Robert J. Reaney</td>
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<td>Mary Varvaro</td>
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<td>Dominick &amp; Martha Zaccoze</td>
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**PLEASE SUPPORT YOUR COUNCIL BULLETIN!**

**SUGGESTED DONATION: $10.00 OR WHAT EVER YOUR MEANS WILL ALLOW**

- PLEASE MAKE YOUR CHECK OUT TO ............... K of C #6241
- IN L/H CORNER OF CHECK, PLEASE INDICATE ... Bulletin Booster
- THEN MAIL TO ... Knights of Columbus, Council 6241
  7251 SW Gaines Ave., Stuart, FL 34997
  Attn: Bulletin Editor
Knights of Columbus Council 6241

‘TExAS hOlld ‘Em’
TOURNAMENT

FEB. 13, 2009 7 PM

- THIS EXCITING EVENT WILL ALSO BE HELD ON
  THE FOLLOWING DATES:
  ⭐ MARCH 20 ⭐ APRIL 17
- EACH EVENT WILL BE LIMITED TO 80 PEOPLE

INITIAL BUY-IN $40.00
FREE ITALIAN DINNER • DRINKS AVAILABLE

CASH PRIZES DETERMINED BY THE NUMBER OF PLAYERS
ATTENDING THE EVENT.

NET PROCEEDS TO CHARITIES OF OUR CHOICE

★ FOR MORE INFORMATION ★

📞 CALL (772) 286 - 7507 or (772) - 631- 8831 NOW 📞

✉ GET ON OUR MAILING LIST 💌

PLAYING POKER AT THE K OF C HALL

...IS A GREAT WAY TO ENJOY YOURSELF AS WELL AS HELP THOSE
LESS FORTUNATE. Remember it’s for Charity!
Knights of Columbus Council 6241

FEBRUARY & MARCH '09 EVENTS
7251 SW Gaines Ave & Cove Rd, Stuart, FL 34997

**KNIGHTS SLAM BREAKFAST**

**EVENT DATES**
Feb. 8th, Mar. 22nd & April 26th
8:00AM – 12 NOON

**Menu**
EGGS COOKED TO ORDER
SAUSAGE & HAM
PANCAKES
FRENCH TOAST
ORANGE JUICE & COFFEE

$ 5.00 Per Person
Kids
Ages 6-12: $ 2.00
Under 6: Free
PAY AT THE DOOR

**BRING THE WHOLE FAMILY**
**BRING YOUR NEIGHBORS**

WHERE CAN YOU EAT A BREAKFAST LIKE THIS FOR THIS PRICE!!!

**LASAGNA NIGHT**

**EVENT DATES**
Feb. 24th, Mar. 31st, April 21st, May 26th & June 23rd
5PM – 7 PM

**Menu**
SALAD
LASAGNA
GARLIC BREAD
SPUMONI & COFFEE

$10 Per Person

**BRING THE WHOLE FAMILY**
**BRING YOUR NEIGHBORS**

Call For Reservations
286-7507

WHERE CAN YOU EAT DINNER FOR THIS PRICE!!!
Knights of Columbus Council 6241
Corner of Cove Rd. & Kanner Hwy, Stuart, FL 34957

FEBRUARY & MARCH 2009

Events

Reservations Are A Must, CALL 286-7507 NOW!
Prices Do Not Include Gratuities

Polish Night
Feb. 20th – 6:30 PM
Authentic Polish Food, Beer & Wine
Music By RHYTHM KINGS - $20.00 Per Person
Bring Your Dancing Shoes & Your Appetite . . .
If You Want To Be Polish That Night !
You Can Bet Your Dupa, I'll Be There!
Na Zdrowia!

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TGIF DINNER/DANCE
Feb. 6th & March 6th
6:00PM
ENRICO'S CATERING
283-3009

ST. PATRICK'S DAY
DINNER DANCE
SATURDAY, MARCH 14TH
$30 PER PERSON
OPEN BAR
Music By Sophisticats
MAKE YOUR RESERVATIONS EARLY AS
THIS EVENT IS ALWAYS A SELLOUT!

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FOURTH DEGREE
RENEWAL OF VOWS
DINNER DANCE
SAT. FEB. 28th 6:30PM
MUSIC BY MARSCHALL
$45 per Couple. Open Bar
$50 per Couple at Door
FORMAL ATTIRE REQUIRED

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VALENTINE'S DAY DANCE
SAT. FEBRUARY 14TH
• COCKTAILS AT 6:30PM PM • DINNER AT 7 PM
• Open Bar • $30 Per Person
• MUSIC BY DATE NIGHT
• DANCING FROM 7:30 PM TO 10:30 PM